



Medicines & Healthcare products  
Regulatory Agency



# Are all assays equal?

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# The National Institute for Biological Standards and Control

- UK government Institute funded by DoH
- 300 employees (70% scientific staff)
- WHO International Standards
- Serum, antigen, viruses, bacteria, allergens, cytokines, stem cells etc

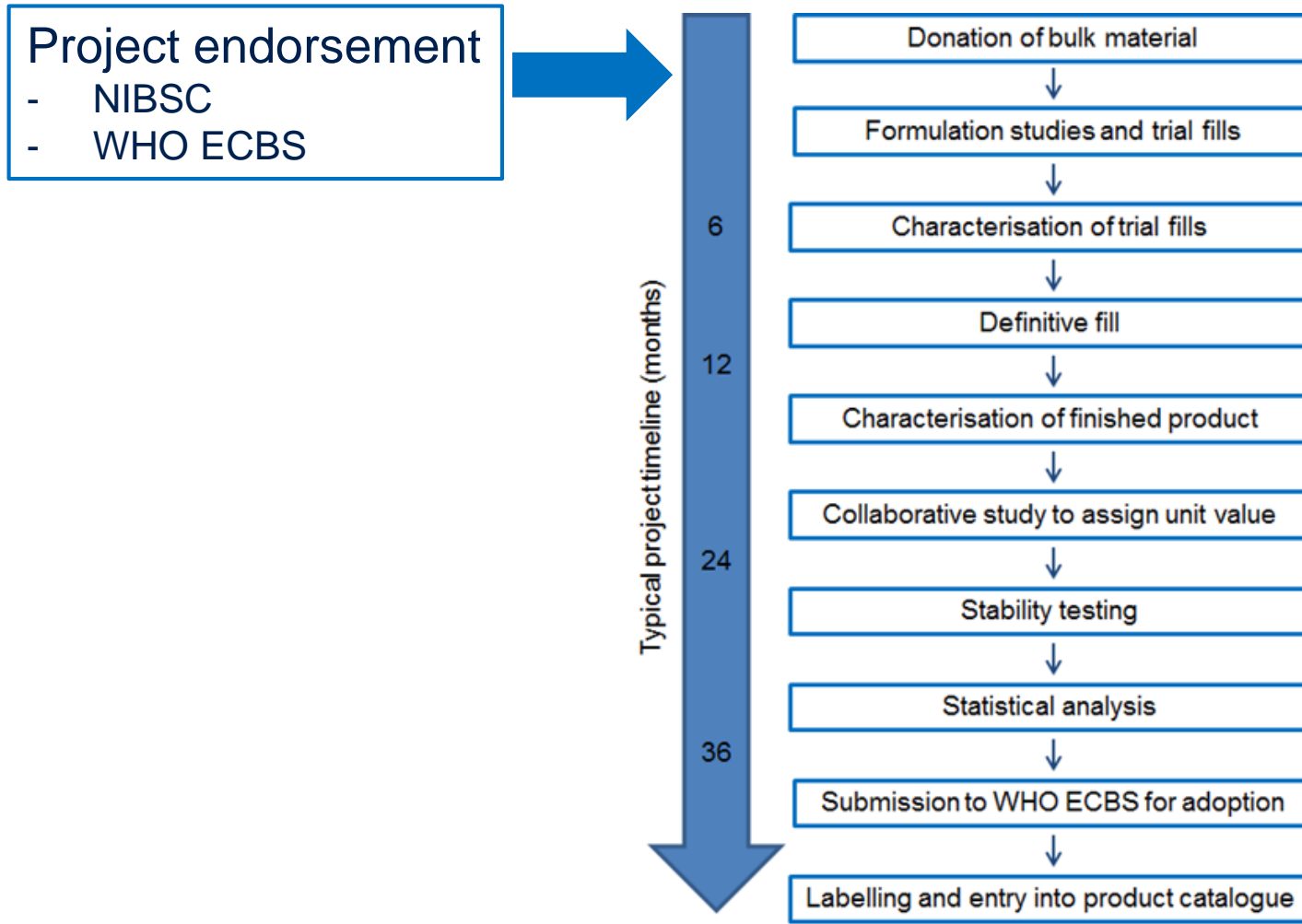


# Types of standard

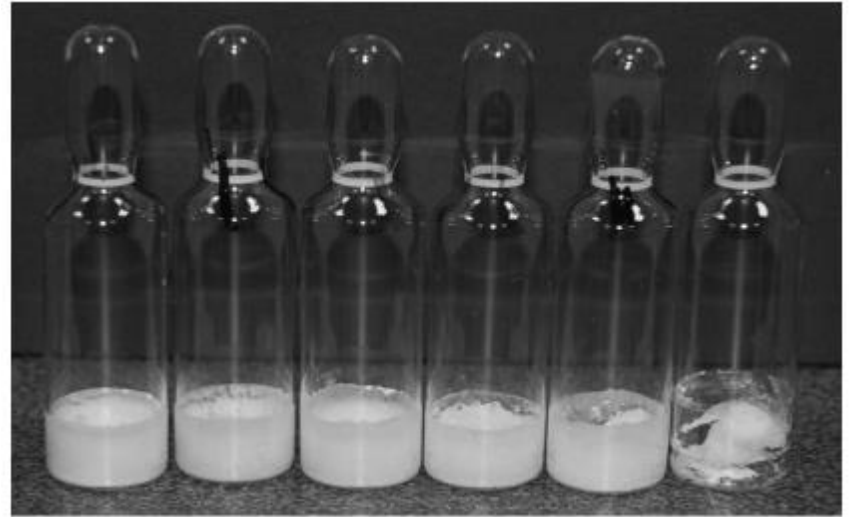
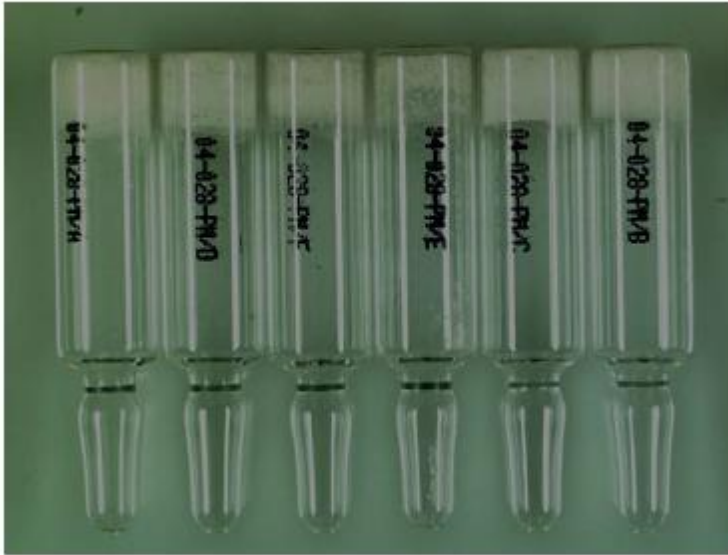
- **WHO International Standard**
  - highest order standard
  - established and endorsed through WHO Expert Committee on Biological Standardisation
  - **2 year time frame**
  - assigned activity in international units
- **Working standards**
  - calibrated against the International Standard
  - routine use, high throughput assays
- **In vitro diagnostic standards**
  - assay monitors, in run controls
  - CE marked
- **>700 in NIBSC catalogue**
- **95% of world's standards**



# Standards projects - overview



# Process development (trial fills)



Control material provided with the assay typically:

- Optimised for that assay
- Has a wide acceptable range
  - Less good at highlighting subtle changes
- Does not allow comparison of results between different assays
- Changes with every kit batch - does not show assay variability

# External run controls

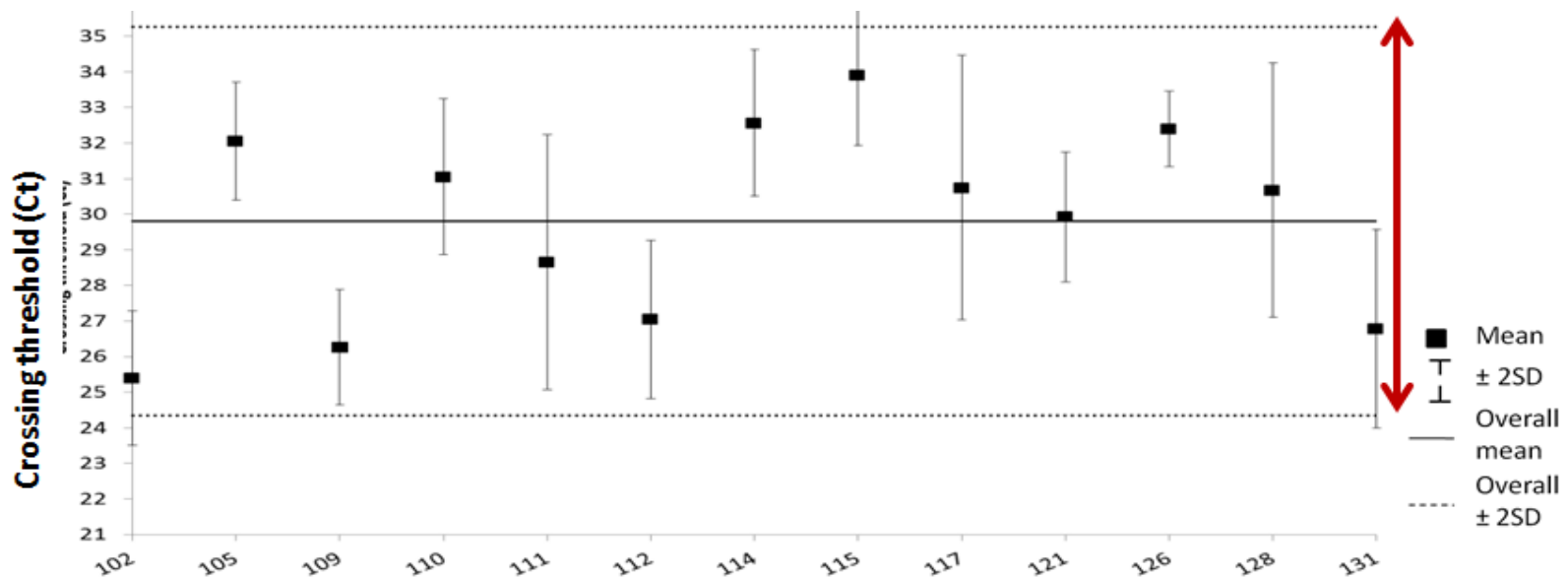


- Controls that are not included in the kit
- Inclusion of a run control, EXTERNAL to assay controls, placed in every test permits regular monitoring of data for trends that indicate:
  - Lot to lot variation in kit performance
  - Early degradation of kit components
  - Early evidence of equipment failure
  - Variable operator performance
- **Leads to improved quality control of assay data**

# External run controls



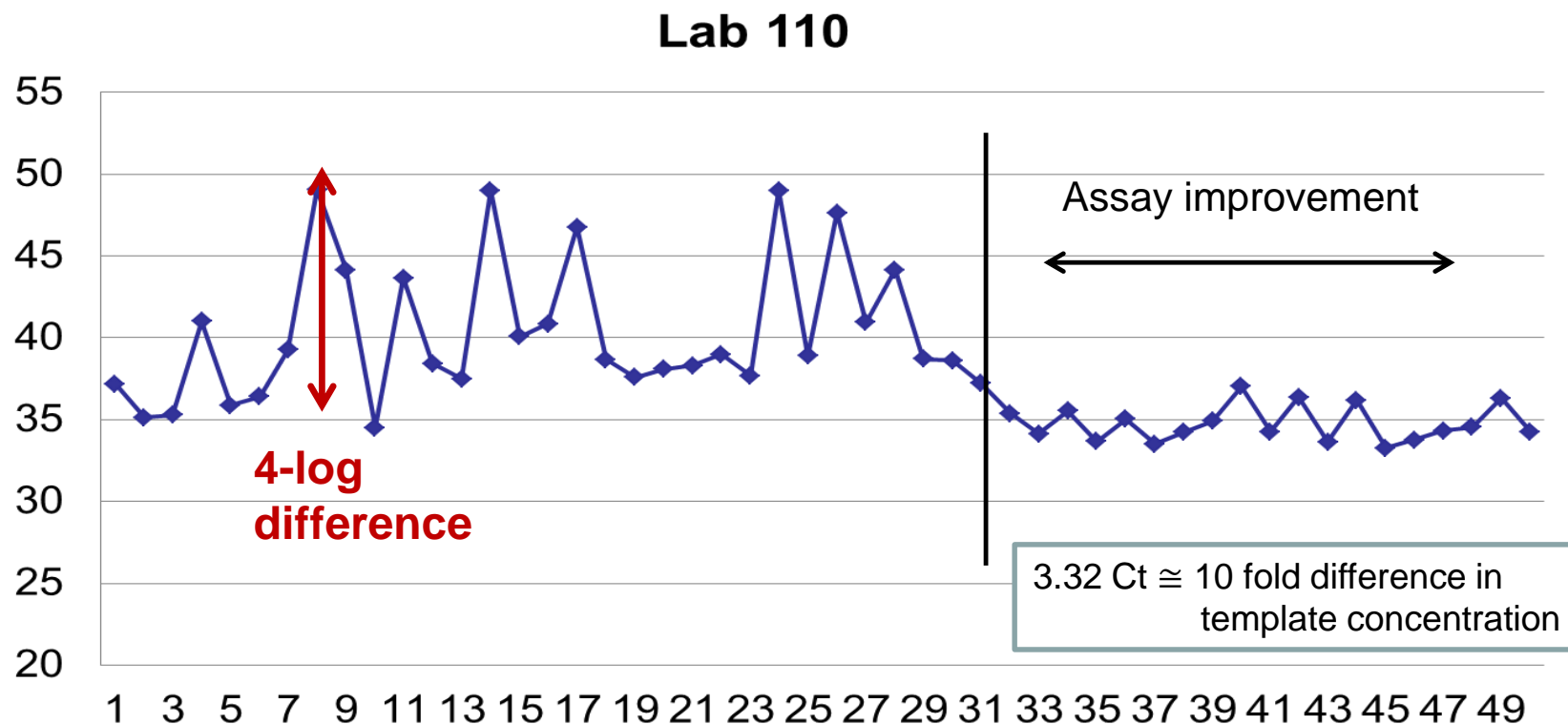
- In 2008, 12 laboratories were sent tubes containing Norovirus, every tube contained identical material. Each lab was asked the same question:
- How much Norovirus is present?



The overall Ct difference between  $\pm 2SD$  was 10.93. Given 3.32 Ct equates to  $\sim 10$  fold difference in template concentration, that's a 1000 fold variation in results—for the **same** material.



# Monitoring external run controls



Observing data over time highlights inconsistencies in early experiments, prompting changes for improved performance in later assays

# External run controls



Typically labs will use a positive patient sample as an external control, however whilst that gives some consistency, there is no consistency between batches.

**Traceability is needed!**

Data from monitoring external run controls is good but values provided in copies or ct's are not comparable across assays.

**BUT WITHOUT COPIES, HOW DO YOU QUANTIFY DATA?**

**WHY WOULD YOU WANT TO?**

# Anyone for coffee?



19.95 francs



498 pesetas



3.6 dollars



5.70 marks

Which coffee is the most expensive?



3 Euro

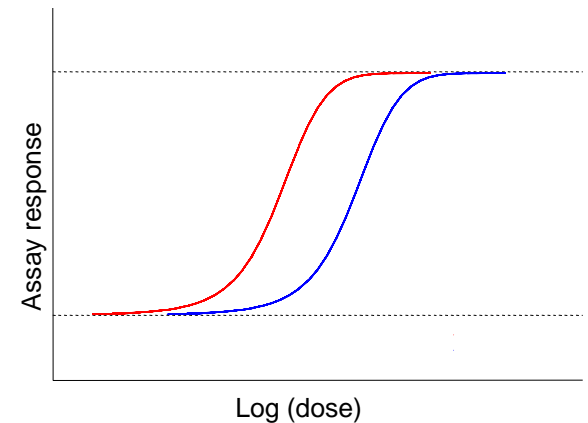
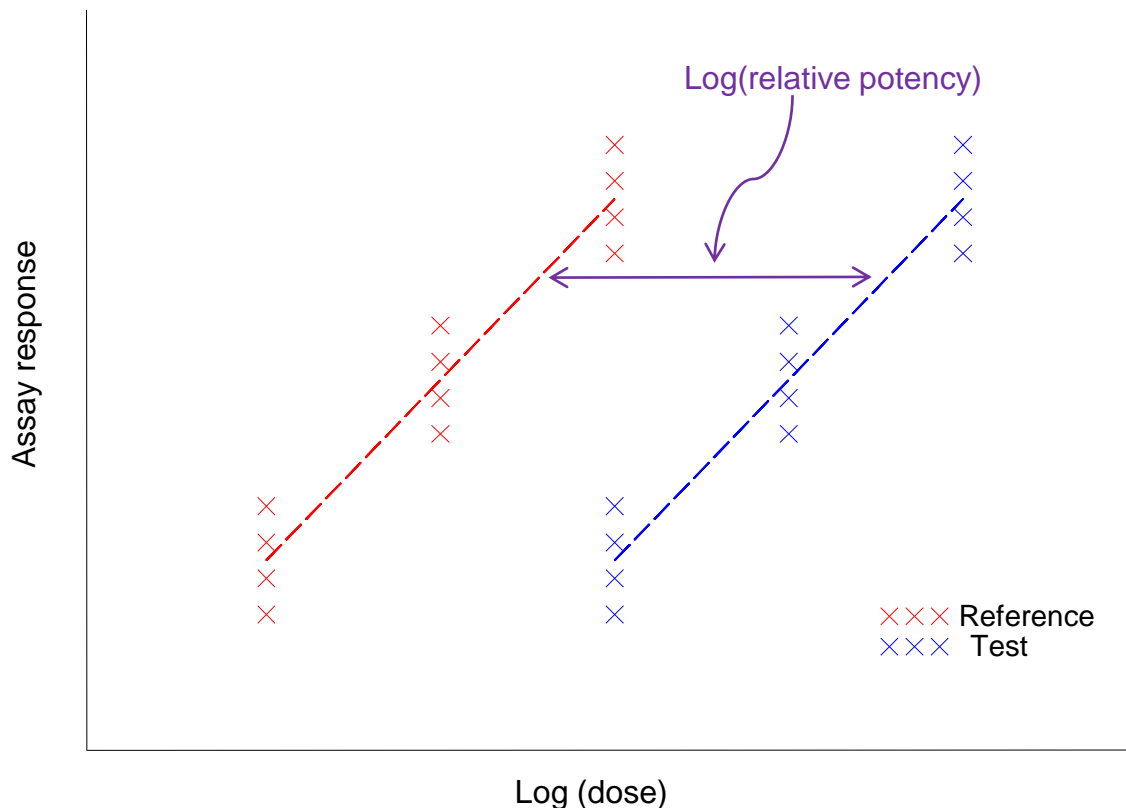
Providing laboratories with a means of comparison using the same unit of measurement

- Improve comparability between different lab data regardless of the assay
- In turn leads to better clinical management of patients.

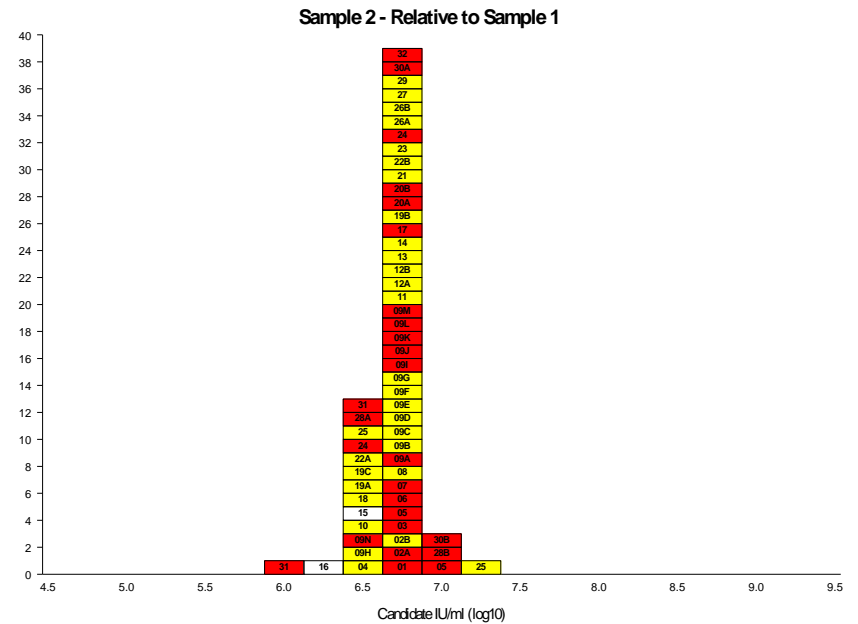
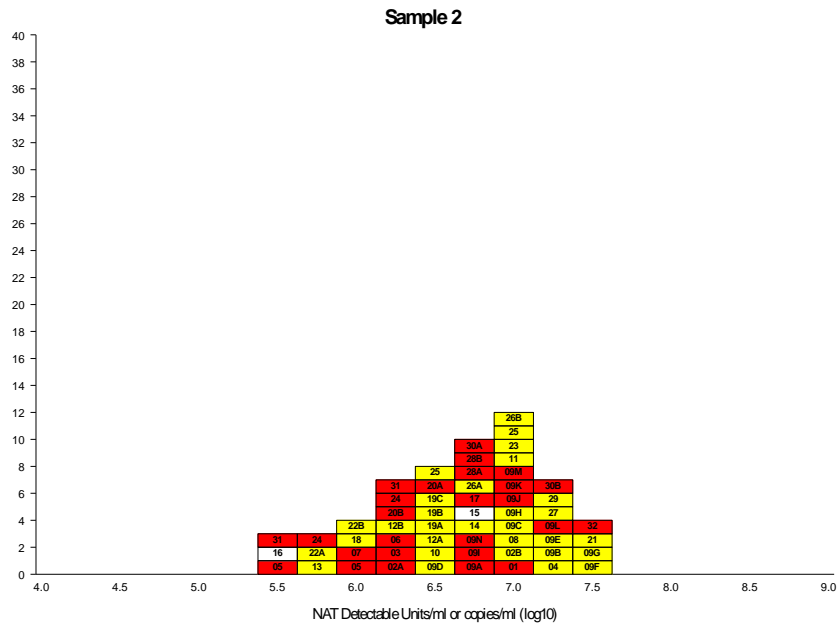
- By providing the same high level reference material to all laboratories enables the results to which all other controls can be compared and calibrated.
- International standards

# Statistical models

- Commonly used example: parallel-line model, “parallel” sigmoid curves - used to determine relative potency

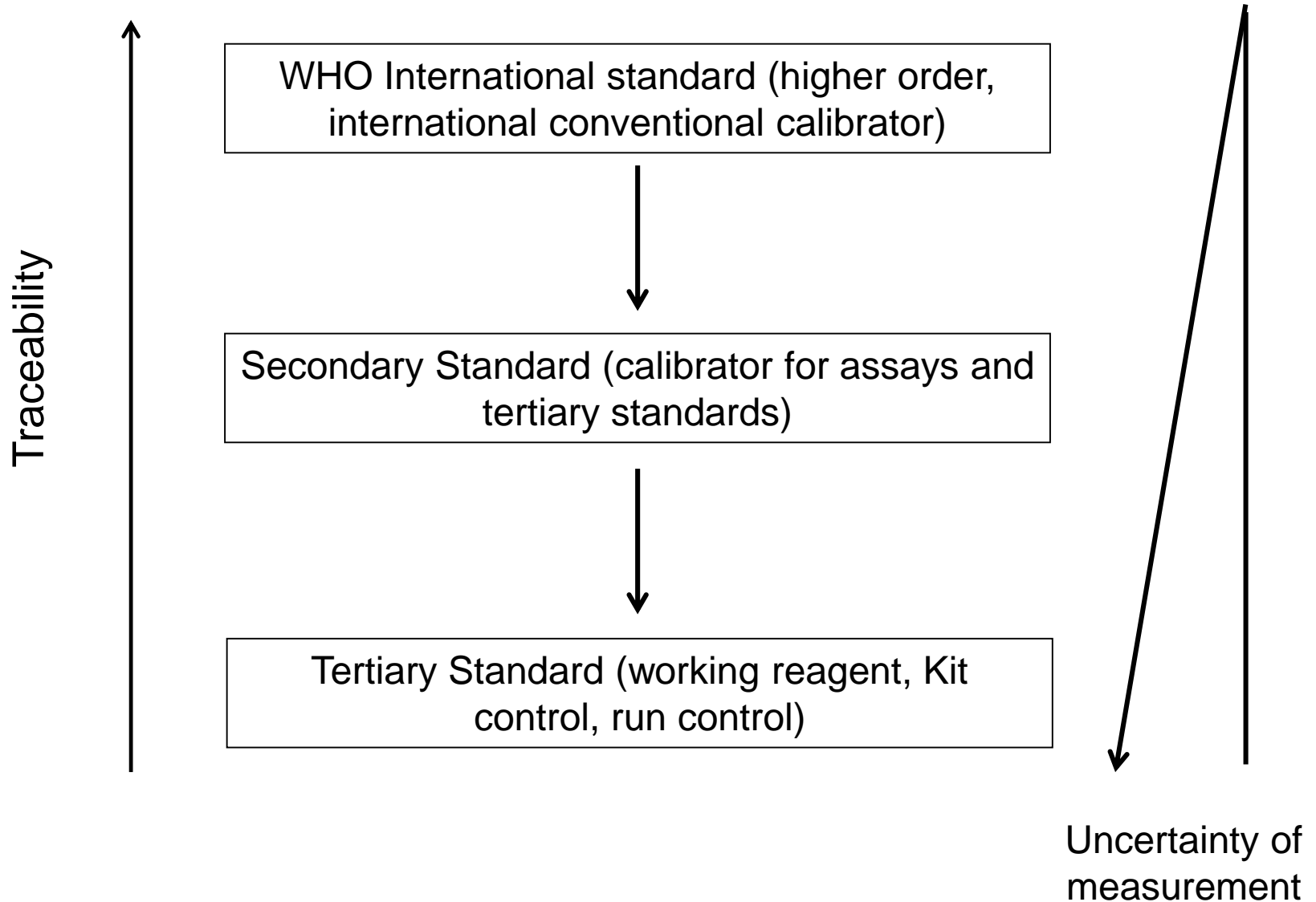


# Reduction in inter-laboratory variability





# Hierarchy of standards



# Can any material act as a standard?



- NO! A standard must behave in a the same was as the clinical analyte it is measuring. Important considerations when designing a standard are:

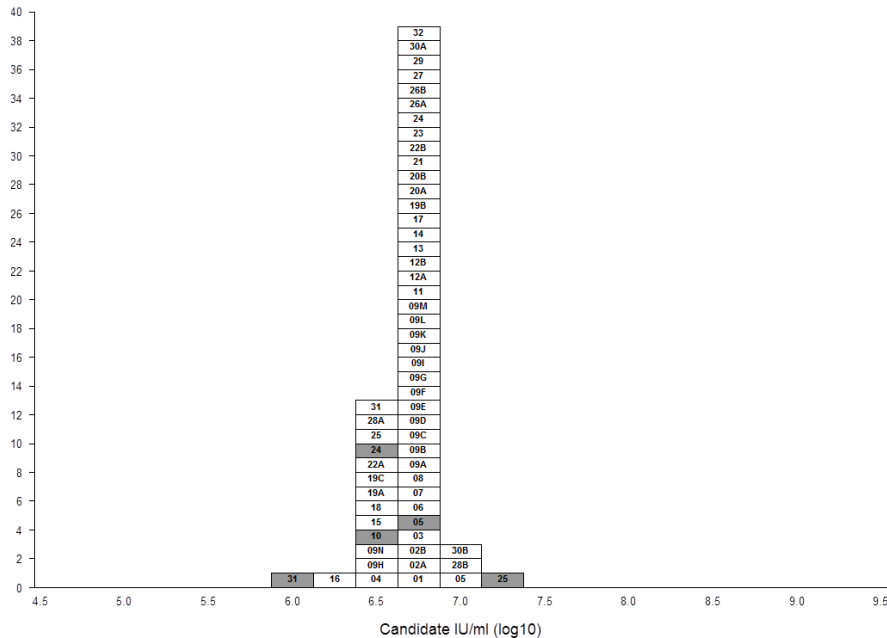
\*Analyte \*Diluent \*Concentration \*Strain \*Stability  
\*Homogeneity \*Specificity

**A standard should improve agreement between different assays**

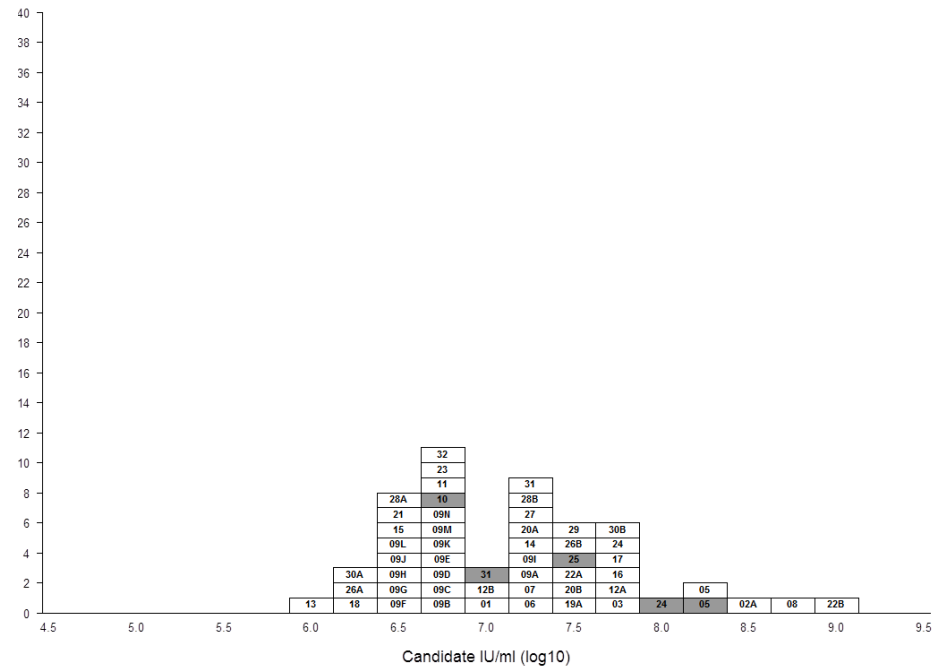
# Good vs better



## CMV - Whole Virus



## CMV - Plasmid



- One size doesn't fit all
- In most cases a standard is better than no standard, but in some cases the wrong type of standard can make the situation worse

# Conclusions



- External control material is essential to ensure the accuracy of results.
- The result provided by one assay is not comparable with another unless they are calibrated to a common standard.
- Different controls may have different applications, but they complement each other in the overall assurance of a test result.
- Controls must be calibrated correctly and formulated from appropriate materials if they are to yield meaningful results.